

education addiction clothing
NEED HELP? veterans
shelter

food

2-1-1

LIVE OPERATORS
24/7/365

DIAL **211**

TEXT **898-211**

WEB UNITEDWAYSWLA.ORG/211

utilities

job training

crisis

legal

mental health

transportation

disaster childcare



Southwest Louisiana

healthcare

UNITEDWAYSWLA.ORG/CRISISCHAT

Ready to listen
24/7/365

Crisis Online Chat

United Way of Southwest Louisiana Initiatives
FREE | LIVE | CONFIDENTIAL
PROFESSIONAL HELP
24/7/365

833
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teen 🙄 😞 😡
833.898.8336